

Girls and Boys Uniform Sizing Charts

These sizing charts are for the Woodstock Gymnastics Club's Pre-Competitive and Competitive gymnasts to use when ordering uniforms.

Girls Uniform Ordering - Sizing Chart

How To Measure Yourself For Your Jagwear Leotard



*** A suit or underwear must be worn while measuring your gymnast.**

- ★ 1 Measure from the top of the shoulder down through the legs and back up to the top of the shoulder where you started.
- ★ 2 Measure around the widest part of the chest.
- ★ 3 Measure around the narrowest part of the waist.
- ★ 4 Measure around the widest part of the hips.
- ★ 5 With arms straight at your sides (unlike photo), measure from the top of the shoulder bone down the arm to desired length.
- ★ 6 Outseam - Not shown on diagram. (Measure from top of a current pair of pants to the floor.)

Boys Uniform Ordering - Sizing Chart

Youth (in inches)			
Size	Chest	Waist	Hips
YXS	25 - 26	22 - 23	27 - 28
YSM	26 - 28	23 - 24	28 - 30
YMD	28 - 30	25 - 26	30 - 32
YLG	30 - 32	26 - 27	32 - 34
YXL	32 - 34	28 - 29	34 - 36

Men's (in inches)		
Size	Chest	Waist
SM	34 - 36	28 - 29
MD	38 - 40	30 - 32
LG	42 - 44	34 - 36
XL	46 - 48	38 - 40
XXL	50 - 52	42 - 44
XXXL	54 - 56	46 - 48