



Recreational Gymnastics Classes

SPRING TERM CLASSES

Start On Monday March 18th, 2019
& Runs For 13 Weeks of Classes

RECREATIONAL GYMNASTICS SPRING TERM REGISTRATION INFORMATION

The start date for acceptance and processing of recreational registrations is Tuesday February 19th from 1:30 pm to 7 pm. Registrations will not be processed before this date and time due to limited enrollment.

The initial line-up often lasts over two hours on the first day of registration.
Registrations received by mail will be processed once this initial line-up ends.

Registration Dates & Times: Tuesday February 19th to Friday February 22nd - From 1:30 pm to 7 pm
Monday February 25th to Friday March 1st - From 1:30 pm to 7 pm
Monday March 4th to Friday March 8th - From 1:30 pm to 7 pm
Monday March 11th to Wednesday March 13th - From 1:30 pm to 7 pm

The last day recreational registrations are accepted is Wednesday March 13th - From 1:30 pm to 7 pm.

Payment must be in the form of either cheque or cash at the time of registration. We do not accept credit or debit cards.
Post-date the registration cheque to March 13th, 2019.

The registration cheque cannot be dated after March 13th, 2019.

Recreational programs require a minimum of 3 gymnasts per group.

Receipt will be attached to certificate at end of last class.

No make-up classes are permitted.

No requests for a particular coach are accepted.

Woodstock Gym Club's Mailing Address: P.O. Box 1522, Woodstock, Ontario N4S 0A7

Cheques are to be made payable to "Woodstock Gym Club".

Administrative Charges: A \$50 Administrative Charge is applied to each N.S.F. cheque, and also to each refund cheque issued by the club.

Refunds will not be issued for gym closures due to storms, power outages, outbreaks, floods or other unforeseen circumstances.

The Woodstock Gymnastics Club is located inside the "Woodstock District Community Complex" (near the ice arena) at 381 Finkle Street in Woodstock, Ontario, Canada.

PHONE: (519) 421-0953 No phone registrations accepted.

Internet: www.woodstockgymclub.com

E-Mail: info@woodstockgymclub.com

IMPORTANT DATES

LAST DAY FOR SPRING TERM RECREATIONAL REGISTRATIONS: Wed. March 13th, 2019 from 1:30 pm to 7 pm.
ABSOLUTELY no registrations will be accepted after this date.

HOLIDAY CLASS CANCELLATION: Friday April 19th, Saturday April 20th and Monday May 20th.

LAST DAY OF CLASSES: Mon. June 17, Tues. June 11, Wed. June 12, Thurs. June 13, Fri. June 21 & Sat. June 22.

FIRST DAY FOR FALL TERM RECREATIONAL REGISTRATIONS: Monday August 12th starting at 1:30 pm.
The change from manual to 100% online registrations will be made at this time.

SPRING TERM - RECREATIONAL GYMNASTIC REGISTRATION FORM

Classes Start On Monday March 18th, 2019 & Runs For 13 Weeks Of Classes

The Woodstock Gymnastics Club's philosophy is to teach children in an environment of FUN, FITNESS & FUNDAMENTALS!

The programs are based on a logical progression of skill development.

Our goal is to engage all gymnasts with gymnastics skill development in a positive and safe learning atmosphere.

Each term gymnasts will create a group routine to show during the final week.

This group activity is designed to develop teamwork and respect for one another's performances.

Parents are welcome to come and watch the routines during the last 30 minutes of the final class.

At the end of the term each gymnast will be given a certificate of achievement and a ribbon from their coach.

18 MONTHS & 2 YEAR OLDS (GIRLS & BOYS) - GYMTOTS - COST = \$216.00 - (Must be 18 months of age by March 18th)

Monday 4:00 - 5:00 p.m. Wednesday 5:00 - 6:00 p.m. Saturday 10:30 - 11:30 a.m.

Tuesday 5:00 - 6:00 p.m. Saturday 9:30 - 10:30 a.m.

This 1 hour class introduces 18 months & 2 year olds to the different gymnastics areas and general movement.

A parent or caregiver is required to be in the class to assist the gymnast. The maximum class size is 6 gymnasts per coach.

3 & 4 YEAR OLD (GIRLS & BOYS) - COST = \$216.00 - (Must be 3 years of age by March 18th)

Monday 5:00 - 6:00 p.m. Wednesday 5:00 - 6:00 p.m. Friday 5:00 - 6:00 p.m. Saturday 10:30 - 11:30 a.m.

Monday 6:00 - 7:00 p.m. Wednesday 6:00 - 7:00 p.m. Friday 6:00 - 7:00 p.m. Saturday 11:30 - 12:30 p.m.

Tuesday 5:00 - 6:00 p.m. Thursday 5:00 - 6:00 p.m. Saturday 9:30 - 10:30 a.m. Saturday 1:00 - 2:00 p.m.

This 1 hour class for 3 & 4 year olds begins to focus on the basics of skill development. Parents do not participate in this class with their child.

Gymnasts are grouped according to age and experience. The maximum class size is 6 gymnasts per coach.

GIRLS 5, 6 & 7 YEAR OLDS - 1 HOUR CLASS - COST = \$216.00 - (Must be 5 years of age by March 18th)

Monday 5:00 - 6:00 p.m. Tuesday 7:00 - 8:00 p.m. Friday 5:00 - 6:00 p.m. Saturday 10:30 - 11:30 a.m.

Monday 6:00 - 7:00 p.m. Wednesday 5:00 - 6:00 p.m. Friday 7:00 - 8:00 p.m. Saturday 11:30 - 12:30 p.m.

Monday 7:00 - 8:00 p.m. Wednesday 7:00 - 8:00 p.m. Saturday 9:30 - 10:30 a.m. Saturday 1:00 - 2:00 p.m.

Tuesday 5:00 - 6:00 p.m. Thursday 5:00 - 6:00 p.m.

GIRLS 5, 6 & 7 YEAR OLDS - 1.5 HOUR CLASS - COST = \$285.00 - (Must be 5 years of age by March 18th)

Tuesday 5:00 - 6:30 p.m. Wednesday 5:00 - 6:30 p.m. Wednesday 6:30 - 8:00 p.m. Saturday 1:00 - 2:30 p.m.

BOYS 5, 6 & 7 YEAR OLDS - 1 HOUR CLASS - COST = \$216.00 - (Must be 5 years of age by March 18th)

Monday 5:00 - 6:00 p.m. Tuesday 6:00 - 7:00 p.m. Friday 5:00 - 6:00 p.m.

Monday 7:00 - 8:00 p.m. Wednesday 5:00 - 6:00 p.m. Saturday 11:30 - 12:30 p.m.

GIRLS 8 TO 11 YEAR OLDS - 1.5 HOUR CLASS - COST = \$285.00 - (Must be 8 years of age by March 18th)

Monday 5:00 - 6:30 p.m. Tuesday 6:30 - 8:00 p.m. Thursday 5:00 - 6:30 p.m. Friday 6:30 - 8:00 p.m.

Monday 6:30 - 8:00 p.m. Wednesday 5:00 - 6:30 p.m. Thursday 6:30 - 8:00 p.m. Saturday 1:00 - 2:30 p.m.

Tuesday 5:00 - 6:30 p.m. Wednesday 6:30 - 8:00 p.m. Friday 5:00 - 6:30 p.m.

BOYS 8 TO 17 YEAR OLDS - 1.5 HOUR CLASS - COST = \$285.00 - (Must be 8 years of age by March 18th)

Tuesday 6:30 - 8:00 p.m. Wednesday 5:00 - 6:30 p.m. Thursday 6:30 - 8:00 p.m. Saturday 2:30 - 4:00 p.m.

GIRLS 12 TO 17 YEAR OLDS - 1.5 HOUR CLASS - COST = \$285.00 - (Must be 12 years of age by March 18th)

Wednesday 6:30 - 8:00 p.m. Thursday 5:00 - 6:30 p.m. Thursday 6:30 - 8:00 p.m.

These 1 and 1.5 hour classes continue the focus on skill development.

Gymnasts are grouped according to age and experience. The maximum class size is 6 gymnasts per coach for boys and 7 gymnasts per coach for girls.

CLOTHING FOR GYMNASTICS CLASSES

GIRLS wear the following type of clothing: T- shirts, sweat shirts, gymsuits, bodysuits, sweatpants, tights or shorts.

BOYS wear the following type of clothing: T-shirts, sweatshirts, shorts or sweatpants.

Everyone has bare feet while doing gymnastics! Tie long hair back while doing gymnastics activities.

PARENT VIEWING

Parents are welcome to view all classes through the observation windows located in the hall running along the side wall of the gym. Parents are not allowed to remain inside the gym area past the wall with the handrails (with the exception of our GYMTOT program).

THE CLUB AND STAFF

The Woodstock Gymnastics Club is a non-profit organization dedicated to providing the highest quality of recreational gymnastics activity to the children of Oxford County! A board of directors governs the club, which is composed of a group of eight parents who have children involved in the program.

- Head Coach & General Manager, Gordon Pinkney oversees and directs all of the club's programs. Gord also coaches and supervises.
- Operations Manager, Mary Pinkney is responsible for the day to day running of the club, hiring and for the various gymnastic programs.
- Jennifer Lavis does administrative work at the club. Jen also coaches and supervises.
- Breanna Sywyk does administrative work at the club. Breanna also coaches and supervises.
- The club has twenty-seven part-time coaches. All of the staff are nationally certified coaches.

Registration Update: Starting with the September 2019 gymnastics programs, this will be the right time to make the change from manual to online registrations at the gymnastics club. 100% of all program fees and registrations for the gymnastics programs that start in September, will be processed by parents online starting August 12.

- CUT HERE

- CUT HERE -

CLASS NAME: **DAY:** **TIME:**

The Gymnastics Ontario membership fee is paid by the club.

NAME: _____ **SEX:** _____ **DATE OF BIRTH:** **dd/mm/yr**

MAILING ADDRESS: _____

CITY: _____ **POSTAL CODE:** _____

HOME PHONE: _____ **EMERG. PHONE:** _____

MOTHER/GUARDIAN: _____ **FATHER/GUARDIAN:** _____

MEDICAL CONDITIONS: _____

PARENT/GUARDIAN SECTION:

I am aware of the inherent risks involved with participation in a recreational gymnastic program.

SIGNATURE OF PARENT/GUARDIAN: _____ **DATE:** _____